



## Ayurvedic Medicine

### “A” Level – I

Designed for students with higher medical education  
(for Doctors and medical students)

Theory - 72 hours

Project work - 15 hours

Practical - 23 hours

**Total Study Hours: 110 hours**

#### A.1.1 Ayurveda Itihas (Ayurvedic History)

(Introduction, history, origin/emergence and background of Ayurvedic Science)

**Theory – 3 hours, Project work – 1 hours**

#### A.1.2 Padartha Vigyana (Ayurvedic Philosophy)

(Padartha Vigyana and Pariksha / Pramana Vigyana-study of Philosophy of Ayurvedic Science)

**Theory – 8 hours, Project work – 2 hours, Practical – 2 hours**

#### A.1.3 Ashtanga Hridaya Samhita (Sutrasthan)

(Study of Ashtanga Hridaya Samhita-one of Samhitas of “Vrihata Traiyi”-Big Three)

**Theory – 3 hours, Project work – 2 hours**

#### A.1.4 Rachana Sharira - Ayurvedic Anatomy

(Study of Ayurvedic Anatomy)

**Theory – 16 hours, Project work – 3 hours, Practical – 5 hours**

#### A.1.5 Kriya Sharira - Ayurvedic Physiology

(Study of Ayurvedic Physiology)

**Theory – 26 hours, Project work – 3 hours, Practical – 8 hours**

#### A.1.6 Marmavidya

(Familiarization with 108 vital points throughout the body, knowledge about them and learning techniques of working with them)

**Theory – 10 hours, Project work – 2 hours, Practical – 5 hours**

#### A.1.7 Bhutavidya

(Study of Ayurvedic Microbiology, Imperceptible causative agents)

**Theory – 16 hours, Project work – 3 hours, Practical – 5 hours**



## Ayurvedic Medicine

### “A” Level – 2

Designed for students with higher medical education  
(for Doctors and medical students)

Theory - 79 hours

Project work - 16 hours

Practical - 35 hours

**Total Study Hours: 130 hours**

#### A.2.1 Charaka Samhita

##### (Purvardha: Sutra - Nidana - Vimana - Sharir - Indriya Sthana)

(Study of Ashtanga Charaka Samhita-one of Samhitas of “Vrihata Traiyi”-Big Three)

**Theory – 6 hours, Project work – 2 hours**

#### A.2.2 Dravyaguna Vigyan -Meteria medica/ayurvedic Pharmacology

(Study of General & Clinical Ayurvedic Pharmacology)

**Theory – 20 hours, Project work – 3 hours, Practical – 7 hours**

#### A. 2.3 Rasa Shastra and Bhaisajya Kalpana

(Study and familiarization of Ayurvedic Alchemy and Pharmaceutical procedures)

**Theory – 10 hours, Project work – 2 hours, Practical – 4 hours**

#### A.2.4 Swasthavritta, Yoga and Nisorgopachara

(Study of Ayurvedic health rules, lifestyle, ayurvedic dietetics,  
Yoga - preventive and Therapeutic Approach)

**Theory – 14 hours, Project work – 3 hours, Practical – 5 hours**

#### A. 2.5 Roga Vigyan and Vikriti Vigyan

(Study of Ayurvedic Pathological Anatomy, Pathological Physiology,  
Clinical Methods and Diagnosis)

**Theory – 12 hours, Project work – 2 hours, Practical – 6 hours**

#### A.2.6 Nadi Pariksha

(Study and familiarization of Ayurvedic Pulse Examination & Ayurvedic Pulse Diagnosis)

**Theory – 7 hours, Project work – 2 hours, Practical – 8 hours**

#### A.2.7 Agadatantra, Vyavaharayurvd and Vidhivaidyak

(Study of Ayurvedic & Contemporary Toxicology,  
Forensic Medicine and Medical Jurisprudence)

**Theory – 10 hours, Project work – 2 hours, Practical – 5 hours**



## Ayurvedic Medicine

### “A” Level – 3

Designed for students with higher medical education  
(for Doctors and medical students)

Theory - 131 hours

Project work - 22 hours

Practical - 72 hours

**Total Study Hours: 225 hours**

#### A.3.1 Kaya Chikitsa - General Medicine and Internal Medicine

(Study of General Medicine, Clinical Methods and Internal Medicine)

**Theory – 30 hours, Project work – 5 hours, Practical – 15 hours**

#### A.3.2 Panchakarma / Samshodhana therapy

(Study and familiarization of Ayurvedic Detox/Cleansing/ Purification – procedures for simultaneous cleansing of body and treatment of the diseases)

**Theory – 17 hours, Project work – 3 hours, Practical – 18 hours**

#### A.3.3 Rasayana

(Study of Ayurvedic Rejuvenation Therapy with special herbs and therapies for the rejuvenation of mind & body)

**Theory – 9 hours, Project work – 2 hours, Practical – 4 hours**

#### A.3.4 Vajikarana Tantra

(Study of Ayurvedic sexology and Aphrodisiacs)

**Theory – 8 hours, Project work – 2 hours**

#### A.3.5 Shalyatantra

(Study of Ayurvedic Surgery and Ayurvedic Traumatology)

**Theory – 10 hours, Project work – 2 hours, Practical – 5 hours**

#### A.3.6 Shalakatantra

(Study of Ayurvedic ENT, Ophthalmology, Dentistry)

**Theory – 15 hours, Project work – 2 hours, Practical – 8 hours**

#### A.3.7 Stry Roga, Prasutitantra, Garbhasanskar

(Study and familiarization of Ayurvedic Gynecology, Ayurvedic Obstetrics, Ayurvedic Knowledge about Pregnancy and Ayurvedic Pregnancy Care)

**Theory – 20 hours, Project work – 3 hours, Practical – 10 hours**

Features, Complications and Treatment of all diseases, High risk Pregnancies.

#### A.3.8 Kaumara Vrittya

(Study of Ayurvedic Pediatrics)

**Theory – 15 hours, Project work – 2 hours, Practical – 8 hours**

#### 3.9 Bhutavidya

(Study of Ayurvedic Psychiatry)

**Theory – 7 hours, Project work – 1 hours, Practical – 4 hours**